



May 2026  
IRON BRIDGE RECOVERY  
CENTER



# Newsletter

WWW.IRONBRIDGERECOVERY.COM

## UPCOMING EVENTS

Every Tuesdays:  
Alumni meeting @ 7 pm at Iron Bridge Recovery

Every Wednesdays:  
Alumni Aftercare meeting on Zoom at 7 pm

May 16:  
Coffee, Riverwalk and speaker Jam in Hopewell @ 10 am

May 19:  
Alumni Coin Ceremony @ IBRC, 7:15 pm

To everyone who set fire to their old life to start over... one day soon, you'll call it the best thing you ever did.

May 7: First Monthly Alumni Ambassador meeting @ 7 pm on Zoom

If you have a year or more of Sobriety and completed treatment at Iron Bridge Recovery Center we would love to have you as an Ambassador

## EMPLOYEE OF THE MONTH

Congratulations Ed Rice: A huge congratulations to Ed, our Employee of the Month for May. This is well deserved for the compassion, care, and extra effort he brings every single day. From going above and beyond for clients to making sure everyone feels supported, Ed truly represents the heart of our team.



Celebrating our wonderful Nurses  
Nurses Week May 6-12th



AS A Nurse WE HAVE THE OPPORTUNITY TO HEAL THE mind, soul heart, and body OF OUR PATIENTS, THEIR FAMILIES AND ourselves. THEY MAY FORGET YOUR NAME, BUT THEY WILL NEVER FORGET HOW YOU feel.  
— MAYA ANGELOU

## UPCOMING ALUMNI EVENTS

Alumni Laser Tag in Richmond, VA- Date TBA

Outdoor concert-Date TBA

Water Lantern Festival- Dorey Park: Aug 22<sup>nd</sup>, 5 to 9 pm

Overdose Awareness Vigil. TBA

## STAFF SPOTLIGHT:

Chaz Young is a dedicated Case Manager at Iron Bridge Recovery Center, where he has been serving clients since June 2025. With more than 20 years of experience in the mental health and substance use disorder (SUD) field, he brings a wealth of knowledge and a compassionate, client-centered approach to his work. In his role as a discharge planner, Chaz plays a key part in guiding individuals through the transition from treatment to the next stage of their recovery. He is committed to helping clients build a strong foundation for long-term stability, offering both practical support and encouragement throughout the process. Chaz is deeply passionate about improving the quality of life for those he serves. His dedication, empathy, and steady guidance have made him a valued member of the Iron Bridge Recovery team. Outside of his professional life, Chaz enjoys spending time with his family and playing golf.



## ALUMNI APRIL EVENTS

