

Art as Expression at Iron Bridge

When words aren't enough, art gives our clients a voice. At Iron Bridge, we use art therapy as a way to help individuals explore, express, and heal. These pieces, created by clients during their therapeutic journey, represent moments of struggle, growth, and transformation. Through color, texture, and form, they communicate what can't always be said aloud—and remind us that healing is both an emotional and creative process.

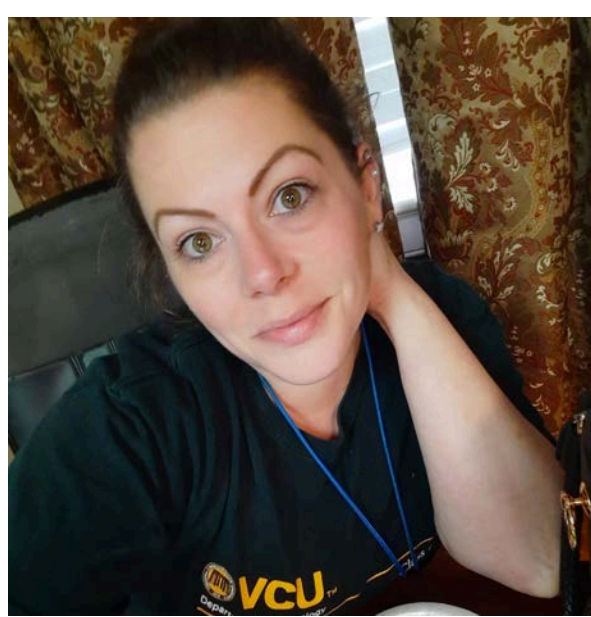


Alumni Summer Festival



Employee Spotlight

Kimberly Clark



Making a Difference Through Compassion, Leadership, and Service

Kimberly Clark is a dedicated professional with a strong commitment to uplifting others and being a positive force in her community. A proud mother of three, Kimberly brings both personal and professional passion to everything she does.

She holds a Bachelor's degree in psychology from Virginia Commonwealth University (Class of 2014) and a Master's of Education in Teacher Leadership from Strayer University (Class of 2020). With over a decade of experience in the mental health field—spanning skill building, intensive in-home services, crisis stabilization, and psychosocial rehabilitation—Kimberly has built a career on helping individuals navigate life's most challenging moments. In addition, she brings eight years of experience in early childhood education and approximately five years of experience working in group homes supporting individuals with intellectual and developmental disabilities (ID/DD).

At the core of Kimberly's work is a genuine desire to serve. Whether she's guiding families through crises or mentoring young minds, she strives to be a beacon of hope and empowerment. Her goal is to be an impactful presence—one that helps others rise, believe in themselves, and realize their potential.

Outside of her professional work, Kimberly is a lover of all things creative. She enjoys poetry, theater, basketball, and the arts, often drawing inspiration from the beauty of expression and storytelling.

Kimberly lives by the words of her favorite poet, Maya Angelou:

"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."

Alumni Zoom Meeting



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